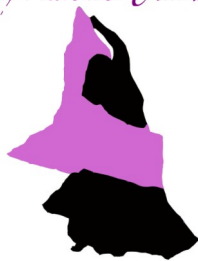


*Belly Dance Topeka*  
with Huraiva Alimah



**Belly Dance Topeka  
proudly presents  
Bead Your Bedlah  
Part 2 ~ The Bra  
with Huraiva  
October 1, 2011  
10am-3pm**



**Registration deadline September 23rd.**

**Workshop will be held at a home in southwest Topeka. The address and directions will be emailed to paid participants the week of the workshop. We will take a lunch break and you may do lunch on your own or join Huraiva at a local restaurant.**

You can spend hundreds (if not thousands) of dollars on professional costumes and you will still have to alter them to get the right fit. Luckily there is a cheaper alternative, learn to make your own! Bead Your Bedlah is a two part workshop which can be taken in any order, part 2 covers the bra. In this workshop Huraiva will take you through the steps of converting a lingerie bra into a dance bra. She will also teach you some basic beading techniques to help add some bling to your bra. You will need to bring:

- A bra with stiff cups, the stiffer the better, do NOT use water or gel filled cups – only the cups need to fit, or you can get a cup size larger and pad it if you want more oomph.
- If you use a cup size C or larger, you will need boning – it can be found on the notions wall at JoAnns
- Stretch fabric to cover the bra a half yard should be sufficient. Get 1-1.5 yards if you plan to make a belt to match
- Gros-grain ribbon – if you are a smaller cup size you need two widths, one for the shoulder straps and one for the back strap, larger cup sizes, just need one size for the shoulder straps
- If you are a larger cup size, buckram to make the back straps
- Large heavy scissors for cutting fabric
- Small sharp scissors for cutting thread
- Straight pins
- Standard sewing needles (sharps, size 5 or 6 and size 10)
- Thread in a color that matches your fabric
- If you think you want to add shaping to the cups (to match a belt design for example) you will need buckram, interfacing and quilt batting – scraps left over from your belt will work just fine).

Other supplies you will need eventually, but probably not the day of the workshop can include flannel (or an old bra) to line the bra, padding (old shoulder pads work well) if you want to add to the cups size, pant hooks and/or snaps for closures, sequins, beads, sequined trim or braid, appliqués, jewels, crystals, fringe (beaded or chainette), glue (I use E6000), chains, tassels, mirrors, shells, coins and anything else you think you would like to decorate with.

\_\_\_\_\_ Workshop cost \$25

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Make checks payable to Nicole Jarboe-Paxson, give your check and registration form to Huraiva or mail to Nicole Jarboe-Paxson, 2031 SW Bowman Ct, Topeka, KS 66604 or send payment via paypal to nicole.jarboe@att.net.